

Blindside Block

A blindside block is any block when the blocker approaches the opponent from any direction and the player being blocked does not see the blocker approach.



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It is illegal (excessive contact) to contact a blind-sided player below the head and neck area with any body part other than open hands outside the free-blocking zone.



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If the initial contact is with open hands followed by contact with the torso, it is a legal block.



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